

GENERAL INFORMATION

Purpose/Format

The purpose of this COSEHC educational activity is to provide support for physicians' continuous improvement of knowledge and clinical competency to optimize cardiovascular care. The desired results of this activity are to improve clinical competency, performance and patient outcomes as evidenced by measured clinical data. The format, including lectures with Q & A, panel discussion, and interactive case based workshops, was designed to achieve the program objectives and meet the needs of the target audience.

Program Objectives

At the end of this CME activity, participants should be able to:

- a. Screen patients with cardiovascular disease
- b. Achieve evidence-based recommended target goals for blood pressure, hyperlipidemia and glycemia control for patients with cardiovascular risk factors.
- c. Prescribe interventions and preventive strategies for weight management to prevent obesity and cardiovascular risk in children.
- d. Design clinical care to optimize patient outcomes and promote beneficial lifestyle changes
- e. Improve communication skills with patients
- f. Implement interventions to reduce disparities in all patients
- g. Use process improvement methodologies to improve practice performance and patient outcomes
- h. Engage in the current discussions concerning alternative and future models of healthcare.

Target Audience

The target audience for this CME activity is physicians and nurses in internal medicine, family medicine, cardiology, nephrology, endocrinology, emergency medicine, and public health.

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education. COSEHC is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Designation

COSEHC is the designated CME provider for this educational program. **COSEHC designated this educational activity for a maximum of 10.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.**

An application for credits through the American Academy of Family Physicians will be submitted.